

NDI Supplemental Activities – Week 4

Below is a list of the videos in the new packet:

1. Introduction Video
2. Mirror Game Warm Up with Coryn
3. I Go First Warm Up with Lillian and Family
4. Chapter 2 of the Residency Chapter Dance
5. 8 for 8 Game with Allie
6. Hip Hop Goodbye with Jessie
7. Goodbye Message with Emma

Here is the link to the new packet:

<https://www.youtube.com/playlist?list=PLVMmRA-AIB63r8LU49bXhkKQwbXg0rrPt>

Please continue to encourage families, school staff and students to send us their feedback or any testimonies from doing these packets at home. Also, students and families can still submit a video of themselves dancing or participating in the NDI New Mexico lessons to videos@ndi-nm.org.