

NDI Supplemental – Week 3

Below is a list of the lessons and videos in this week's packet.

Included in the Week 1 Video Packet:

1. Greeting/Introduction Message
2. Call and Response Lesson
3. E Words Lesson
4. Core 4 Lesson
5. Mirror Game Warm Up with instructor Emily
6. I Go 1st Warm Up with instructor Jessie
7. Stacking 8's Lesson (counting music in NDI)
8. Chapter Dance Video #1 (the first of four chapters students will learn to make a dance)
9. Box Step Game/Challenge
10. Goodbye Song
11. Goodbye Message

<https://www.youtube.com/playlist?list=PLVMmRA-AIB62tEjCaeQs8d8Lwlv5qoIF>

Each of these packets is designed to include videos in order of how they should be watched. The packet playlist can be watched all at once or broken up into several days of lessons, depending on how the classroom teacher or parent is structuring a student's work. When using the YouTube link, the videos will play one after the other automatically. To break the videos up into several days, press the pause button so that the playlist won't move to the next lesson.

Each week for the next 6-7 weeks we will be in contact with a new video packet. We would love to hear any testimonials or feedback from students, parents, teachers, or other school staff. Students and families can also submit a video of themselves dancing or participating in the NDI New Mexico lessons to videos@ndi-nm.org.

Thank you again for the trust you've placed in NDI New Mexico as a partner to encourage your students to be their best, to provide programs that engage and motivate school children throughout New Mexico.